

TOWN COMMON

TOWN OF BARRINGTON QUARTERLY NEWSLETTER

January 2015—April 2015

TOWN SERVICES & PHONE NUMBERS	
Town Administrator:	664-9007
Emergency #'s:	911
Recreation Department:	664-5224
Police Department:	664-7679
Fire Department:	664-2241
School District:	664-2715
Public Works:	664-0166
Transfer Station:	664-2446
Land Use:	664-5798
Building Department:	664-5183
Selectmen's Office:	664-9007
Tax Office:	664-2230
Town Clerk:	664-5476
Library:	664-9715
Town Planner:	664-0195

SELECTMAN'S OFFICE Monday—Thursday: 8:00 AM—4:30 PM

TOWN CLERK'S OFFICE Mon/Tues/Thurs: 8:00 AM-5:00 PM Wednesday: 1:00 PM-6:00 PM

TAX COLLECTOR'S OFFICE Mon/Tues/Thurs: 9:00 AM-1:00 PM Wednesday: Noon-6:00 PM

BUILDING/CODE ENFORCEMENT Mon/Tues/Thurs: 9:00 AM—4:00 PM Wednesday: 9:00 AM—NOON

LAND USE OFFICE Monday- Thursday: 8:00 AM-3:00 PM

RECREATION DEPARTMENT Monday- Friday: 8:00 AM-4:00 PM

LIBRARY

Mon/Fri: 10:00 AM-6:00 PM Tues/Thurs: 10:00 AM-7:00 PM Wednesday: 10:00 AM-8:00 PM Saturday: 10:00 AM-3:00 PM

HIGHWAY DEPARTMENT Monday—Friday: 7:00 A. M. - 3:00 P.M.



PUBLIC MEETING INFORMATION

Selectmen's Meetings Contact Suzanne McNeil, Selectmen's Clerk, 664-0148

Planning Board Tuesdays, 6:30 p.m., BES Annex

Conservation Commission 1st & 3rd Thursday, 7:00 p.m., BES Annex

Zoning Board 3rd Wednesday, 7:00 p.m., BES Annex

Library Trustees 3rd Tuesday, 6:00 p.m., Public Library

Recreation Commission 3rd+ Monday, 6:00 p.m., Town Gym

Heritage Commission
Meets as needed. Contact Marika, 664-5195

Fire Department Tuesdays, 7:00 p.m., Public Safety Building

EMS Department 2nd Wednesday, 6:30 p.m., Public Safety Building

WEATHER CANCELLATIONS: Every effort will be made to hold a Public Hearing on the posted day and time. However, in the event of inclement weather, power outage or other adverse condition, the Town may choose to cancel a meeting or event.

This information will be conveyed to the local newspaper, WOKQ radio, Channel 9 news, Town website and Town telephones & on the Town Library Website Please note that not all the media/communication sources as listed above may be available during emergency or adverse conditions.





TOWN

Provided by

Board of Selectmen, Corcoran Associates, and Town Administrator John Scruton

Local government is close to the people and responsive to the desires of the people. This is the time of year when the people decide what they want from the local schools and municipal government. It is a time when they can use their voices and their votes to shape a vision for Barrington. One opportunity to be heard is attending the various public meetings. The Board of Selectmen has been preparing its budget for 2015 in open meetings to which everyone is invited to attend and comment. The budget is an important policy plan for the upcoming year. How much will be spent on road repair and winter maintenance? How much will be spent on public safety, recreation, and the library? How much will be spent to support the other services the community wants and needs?

While citizens can always write or call a local elected official, there is an added effort by the Board to hear from the voters at this time of year. The Board of Selectmen will be holding public hearings on the townside of the budget and other town issues on January 5th and again on the 19th at the Elementary School Annex starting at 6:30 PM.

The biggest issue facing voters is what to do about space for town office functions. The leased building at 333 Calef Highway is inadequate for record storage and lacks meeting rooms. A decision must be made in 2015 if a new building is to be constructed before the lease expires in 2016. If we do not build, we will be at the mercy of the owner for future costs and availability. The old building is uninhabitable and very expensive to repair with no certainty that the expenditure would correct the problems. The Board of Selectmen has presented a widely praised plan that is less costly than repair of the uninhabitable former Town Hall. This plan would provide a quality permanent location for many years to come with meeting space for town and community functions. The town-side of government has made the final payment on the Safety Complex and is now debt free. Interest rates are low (4%) and construction costs have remained low. The \$2.5 million dollar bond for the proposed building would only raise the tax rate by about twenty-one cents per thousand dollars of valuation starting in 2016. The net impact would be even less than that, costing about 15 cents per thousand after 2016 because of saving \$59,000 a year in rent that we are now paying without anything lasting to show for it. There would be other savings with a new building, but even at this tax rate increase it would only be about \$37.50 a year on the tax bill for the average home.

Participation is an important part of being an actively involved local citizen. Saturday, January 31st, the Deliberative part of Town Meeting is held, starting at 9 AM at the Middle School. This provides people the ability to discuss and vote to amend the various proposals for not only the budget and for other items. Then Tuesday, March 10th, people can vote by ballot on the town and school budget and related articles, including replacement of the rented space for town offices. Voters will also elect citizens to fill positions on various boards and committees. The opportunity for a person to sign up and run for these elected offices is from Wednesday January 21st, 2014, through Friday, January 30th, 2015, at the Town Clerk's office.

Local government is most effective and efficient when people take time to be involved, participating in discussions, voting, serving, and making a difference. It is the citizens of Barrington that help make Barrington such a great place to live and work.



Town Clerk's Office

The Town Clerk's Office Will Be Closed:

Monday, February 16—President's Day Tuesday, March 10—Town Election

THE TOWN CLERK'S OFFICE

Continues to accept Online Payments for Vital Records, Renewals of Dog Licensing, and Vehicle Registrations



Online Registration

Go to http://barrington.nh.gov: then click on departments and click on TOWN CLERK. Scroll down and then click on the online payments icon.



Dog Licensing

You will need to have the previous year's license number (which was processed in Barrington) and the rabies information needs to be current in the system before you can renew your dog license.



Vehicle Registration Renewal Requests

You can request your vehicle renewal via E-Reg up to

3 months late and 20 days early for any vehicle you own. Payment by e-check is accepted where your Town Clerks office prints the check on your behalf. This service is low cost to your municipality and pay as you go for those who choose to use it. *Only accept one check*. Make payable to Town Clerk Barrington.



Vital Record Requests

<u>Birth Certificates</u> for births occurring outside Barrington, NH are only available for the years <u>1983</u> through the present.

<u>Certificates for Marriages</u> occurring outside Barrington, NH are only available for the years <u>1989</u> through the present.

<u>Death Certificates</u> for deaths occurring outside Barrington, NH are only available for the years 1990 through the present.

<u>Certificates for Divorces</u> occurring outside Barrington, NH are only available for the years 1990 through to 6 months prior to present day.



Town Clerk's Office

Important Dates to Remember

Fri, Jan 30—Town Clerk's Office open for Town Office Filing ONLY, 3-5pm Sat, Jan 31—Deliberate Session @BMS

Tues, Feb 3—Last day to accept petition Warrant Articles for Town Election Thurs, Feb 26—Last day to register to vote at Town Clerk's Office, 8am-5pm Sat, Feb 28—Supervisors of the Checklist sitting, 11:00-11:30am Tues, March 10—Town Election @BMS, 8am-7pm

Starting January 5, 2015

Residents will be able to license their dog(s) with proof of:

- -current rabies vaccination certificate
- -spaying/neutering certificate

\$7.50 Spayed, neutered and dogs under 7 months old

\$10.00 Dogs that are not spayed or neutered and older than 7 months

<u>\$3.00</u> Residents who are 65 years old by

January 1, 2015 may register one dog at the rate of \$3.00

Residents may mail copies of certificates along with a check made out to:

Barrington Town Clerk PO BOX 660 Barrington, NH 03825



Selectman's Office



The Supervisors of the Checklist for the Town of Barrington will be sitting to make changes and corrections to the Checklist on Tuesday, January 20, 2015, from 7:00 p.m. – 7:30 p.m. at the Town Office 333 Calef Highway and Saturday, February 28, 2015, from 11:00 a.m. – 11:30 a.m. at the Barrington Public Library 105 Ramsdell Lane.



Tax Collector's Office

If you have not received your tax bill please contact the Tax Office. Please advise the Tax Office of any changes in your mailing address.

PLEASE NOTE:

When mailing your payments, please remember that we are no longer using the Lockbox in Lewiston, ME. Please resume mailing payments to PO Box 660, Barrington, NH 03825

*Please include Map & Lot number and phone number on your check.

For any real estate questions, please contact or visit the Tax Office.

The Tax Office hours

Mon., Tue., and Thur. - 8:00am-1:00pm Wed. - 12 noon-6:00pm Fri. - Closed

The Lobby hours

Mon., Tue., Thur. - 7:30am-5:00pm Wed. - 7:30am - 6:00pm Fri. - Closed

We realize these hours may not be the most convenient for your schedule. There is a drop box located in the lobby. We will process your payment and mail you a paid statement the following business day. Please include your phone number on your check in case we have any questions.



Department of Public Works

New to Town, not sure how things work, or have a question on the proper disposal of an item? Please see the Transfer Station Attendant or call 664-0166.

On behalf of The Barrington Highway Department and The Transfer Station we would like to wish everyone a Happy New Year!

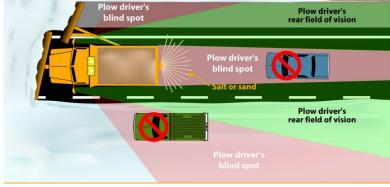
Our snowplow drivers have a big responsibility and need full cooperation from drivers to complete their job safely. Here are a few safety tips to keep in mind while on the roads this winter season.

Low visibility-When the snowplow is being driven, it can create a snow cloud behind it. This can greatly reduce visibility, be patient!

Keep your distance- Plow operators can't see directly behind their trucks, keeping a safe distance will protect you from possible injury and protect your car from salt/sand being applied to the road.

Slow Down- Winter driving requires motorists to be careful and alert, and to slow down! Please allow yourself enough time to get to where you need to go.

Don't crowd the plow-The front of the plow extends several feet in front of the truck and may cross the centerline and shoulders during operation.



Ice and Snow - take it slow

Regardless of the vehicle you drive, slow down for winter driving conditions. Even an SUV with four-wheel drive might be unable to stop or maintain control. Leave plenty of room between your vehicle and others. It takes more time and distance to stop your vehicle on wet roads. Avoid using cruise control in winter driving conditions. You need to be in control of your speed based on road con ditions.



Department of Public Works

Transfer Station and Recycling Center

Winter hours are now in effect for the Transfer Station and Recycling Center.

Tuesdays: 1:00pm -5:00pm
Saturdays: 8:00am-5:00pm
You can purchase Barrington Trash Bags at the Recycling Center Building.

A package of Large Bags is \$13.00 and a package of Small Bags is \$9.00.

Purchase them at: Calef's Country Store,
George Calef's Fine Foods, Warren's
Hardware, Aubuchon Hardware in Lee,
and Market Basket.

Please note that there have been some changes made at the Transfer Station, the bulky waste containers have been moved to make it easier to back right up to the container and dispose of bigger items. As always please see the Transfer Station before disposing of anything.

Just a reminder that Cash and Checks are the only method of payment that is accepted at the Transfer Station.

Just a reminder plastic bags <u>are not</u> recycled at the Barrington Transfer Station. Please bring them to your local grocery store to be recycled.

Parking

Please remember that the Town of Barrington has a year-round parking ordinance that bans parking on all town roads. Vehicles obstructing snow and ice removal operations will be towed at the direction of the Barrington Police Department and at the owner's expense.

Placement of Snow

The Town of Barrington has an ordinance against snow being plowed, shoveled, blown, or placed onto a Town road or across the road to the opposite side. The Barrington Police Department enforcement this. All ordinances can be found on our website:

http://barrington.nh.gov/Pages/BarringtonNH_Highway/index

Sand

Sand is available to the residents of Barrington and is located in the Citizens' shed outside the Transfer Station gate. Residents are limited to 3 five-gallon buckets. Bring your own container and shovel.

Snow Fort Warning!

Kids love to make snow forts and igloos on top of and inside big piles of snow. It's natural for kids to want to play in the biggest snow pile because it makes for a bigger fort. But the biggest snow piles are often close to the road, which creates an extreme hazard for children when snowplows are in operation. Please be aware that even after the snow has stopped, snowplows may still be "pushing back" snow to widen travel lanes, and may not see your child if he/she is playing in a snow pile close to the road. Have fun with snow forts and igloos, but away from the road.





GROUPS THAT MEET AT THE LIBRARY

Check our online calendar for dates and times at http://www.barringtonlibrary.com

Genealogy Club Waterways Committee

Knitters Group Ready Rides

Barrington Bloomers **Envision Barrington Sub-Committees**

Democratic Committee **Boy Scouts Executive Board**

Friends of the Library (2nd Wed. at 7PM)

Do you need meeting space? Call Amy at 664-0193 to discuss possible dates/ times. A meeting room use agreement can be printed from our website above.



LAP-SIT STORY TIMES and PRESCHOOL STORY TIME

LAP-SIT STORY TIMES are for 1-3 year-olds with an adult present. Children will enjoy stories, rhymes, songs, flannel boards and musical instruments. Lap-Sits @your library will be on Mondays, Tuesdays, Wednesdays OR Fridays at 10:30am – pick which day works best for you and sign up to save a spot!

PRESCHOOL STORY TIME is for 4-6 year olds. Children will enjoy and independent story time with a related craft. Preschool Story Time will be on Thursdays at 11am.

Registration is required due to limited space. The WINTER SESSION runs the week of January 5th through the week of March 2nd. Signups begin December 27th for the Winter **Story Time Sessions.**

To Register: Look to the left of description in our online calendar for the day of the week you are hoping to join. Click the REGISTER NOW button and follow instructions. You will have the option to create your own account - the benefit of doing this (instead of registering as a guest) is that you will have all your information pre-typed for future events, you can cancel your attendance easily, you will get an e-mail confirmation and you can confirm the names of each family member registered. Please register each name separately if multiple family members would like to attend a program.



BARRINGTON BLOOMERS

Meetings & Special Speakers

February 18th at 6:30PM

A Garden for Wildlife: Natural Landscaping for a Better Backyard

Did you know that the landscaping in your yard could be habitat for wildlife? Do you want to learn how to attract wildlife to your backyard? Or maybe you have problems with wildlife around your home and want to know what to do. A volunteer from the *Speaking for* Wildlife program will talk about "A Garden for Wildlife," a 35-minute slide presentation that offers answers to these and other questions. You can learn how to help wildlife by altering your landscaping and gardening practices. We will discuss choosing plants, gardening techniques, wildlife and habi-



tats, use of native plants, and issues such as invasive plants. Presentation includes handouts and other helpful materials.

April 15th at 6:30PM

Birds, Bats & Butterflies: Keeping Common Wildlife Common in New Hampshire Have you ever seen a bear in your backyard? A mysterious hawk flying over your bird feeder? A giant woodpecker that looks like he just stepped out of a cartoon? Come learn about these and the rest of the "Backyard Dozen," a group of wildlife commonly found in New Hampshire. You'll learn how to recognize evidence of these species in your backyard and understand how they use different habitats. You'll also get ideas on how you can help wildlife survive and flourish in your neighborhood.

Genealogy Club: Meets the 1st Wednesday of each month at 6PM. Come to learn about genealogy research and get help on your project from other folks doing the same. Use library resources like Ancestry Library Edition or Heritage Quest to further your search for census records and family history information.

Knitting Group: Come and join the group to either learn some knitting skills, share a project, or just to get some ideas! Meets every 1st and 3rd Friday of the month.

CPR CLASS

March 4th 6-8PM in the library meeting room. Please note that this CPR certification is designed for the general public and is *not* adequate for EMS



adequate for EMS or healthcare professionals. \$20.00 Fee for Certification. Register Here: http://

www.cprsafe.org/#!heartsaver-cpraed/c20yr



Sustainable Living Workshops

In response to the data we received from the Lifelong Learning Survey, the library and Lifelong Learning Committee has planned a series of events around the idea of sustainable living in conjunction with the local Permaculture group. Registration needed for each event (http://www.barringtonlibrary.com/barrington/eventsreg.asp)

February 19th @ 5:30-7PM

Sustainable Living through Permaculture: An Introduction - by Amy Antonucci

Permaculture is a method of designing sustainable, ecological systems that support humans as well as other forms of life. In permaculture, we learn from nature to empower ourselves to take care of more of our own needs in responsible, close-to-home ways. In this introduction we'll talk about what permaculture is, its principles and ethics and ways we can implement it in our lives and gardens!

March 5th @ 5:30-7PM

Composting - by Laura Williford on vermicomposting

Organic materials like food scraps and paper products make up over 2/3s of the US waste stream. Composting turns all that into rich soil. Come learn how to start backyard composting, the dos and don'ts, how to keep your pile active, and the basic science behind it. We'll also have a section on indoor vermicomposting (using worms)!

March 19th @ 5:30-7PM

Building Great No-Till, No-Dig Garden Beds - by Amy Antonucci

One key permacultural technique is "Sheet Mulching." This technique creates gardens without the difficult work of digging or the soil disrupting use of a rototiller. Sheet mulching can be done with readily available, inexpensive (or free!) materials. Best of all, it actually creates healthy, productive soil which yields nutritious food.

April 2nd @ 5:30-7PM

Livestock for Your Lifestyle - by Anna Kovalcik, Amy Antonucci, Laura Williford

Have you been intrigued by recent stories of city bee hives, backyard chickens and other livestock kept by people who are not primarily farmers? Have you wondered if you could do it, too? Come hear from some local small-scale keepers of animals about the possibilities and problems to consider in such an endeavor. All of our panelists are local residents who between them keep: bees, chickens, ducks, rabbits, goats & others.







CREATE @ YOUR LIBRARY

We are excited to be planning a LEGO® MAKER SPACE Coming on Tuesdays February 10th – March 24th at 4 –5pm for 5-9 Year Olds (slightly younger or older children will be considered if space allows).

We are going to receive on loan a LEGO TOOLKIT with over 10,000 LEGO® bricks to use for two months for this program. Thanks to the Association of Library Services to Children (ALSC) and LEGO® Systems for providing these kits to every state library! Kids will build and share their project they create – displaying them in the library.

REGISTRATION IS REQUIRED – limited to 15 spaces. Sign Ups begin January 1*. Go to our online calendar to sign up to reserve your spot!

EASTER EGG HUNT at the Barrington Public Library will be on Saturday, April 4th. We will hold TWO SESSIONS: 11am for 1-3 year olds and 1pm for 4-6 year olds. Barrington children will hear a short story in the town gym before the hunt. Bring your own baskets for collecting eggs. There will be three eggs amongst those hidden that will have prize tickets in them for special plush toys. The Easter Bunny will be visiting – so bring your camera!



Check for additional events and descriptions that will be added to our library calendar at www.barringtonlibrary.

ADULT CRAFT SESSIONS

This series was so popular we are going to continue to offer it monthly at 4PM on the following dates.

Registration required due to limited space & supplies needed.

Register for library events though our online calendar at: http://

www.barringtonlibrary.com/barrington/ eventsreg.asp

Jan. 15th -Make Decorated Tile Trivets Feb. 12th -Create Woven Heart Pockets March 12th -Create a Dot Art (Pointillism) Tote Bag

HANGIN' WITH MY PEEPS AT THE LIBRARY!

PEEPS COMPETITION! Barrington families and card holders are invited to submit their PEEPS Diorama Scenes to be displayed around the library and judged by patrons April 1st - 3rd! All PEEPS dioramas need to be BOOK-themed, and made in a shoebox or item of comparable size – approximately 12" X 20" X 8" or smaller.

Those families who are entering a submission will need to REGISTER by March 16th (forms will be at the library front desk). Dioramas will be accepted for display March 20th – 23rd. Judging will take place April 1st-3rd and the winner will receive a gift certificate to Dover Bowl for bowling and pizza!



BES Art Exhibit & Open House at the Public Library

The library will host a month long display of artwork by Barrington Elementary School students. For the whole month of February you can come in and see wonderful pieces of art by students, displayed on the library walls. On February 5th from 5-6PM in the library meeting room, Lois Sans, the art teacher at BES will hold an open house for parents/grandparents/friends of the students displaying artwork. This is always a hopping event with refreshments and lots of parents here visiting with other!

March Art Exhibit: NH Artist, Jessica Alford. Her wonderful pieces of art highlight animals and will be displayed on our art wall behind the circulation desk. Jessica is donating a portion of any sales from the exhibit to the library.

New Service: VHS to DVD Conversion & One-on-One Technology Assistance

Beginning in January the library will have equipment set up that patrons can use to transfer old family movies from VHS tapes to DVD+R, or to a USB in file format. Save those wonderful family memories in a new medium for future generations to enjoy! For more information, and training on how to use the equipment, call the library after January 1st and ask for David Berube. Remember, that as our technology librarian, David can also help you learn how to use that new device you just got for the holidays...call to set up a ½ hour on-onone appointment to learn how your new gadget works and how you can get free audio and e-books using your library card.

April 29th at 6:30PM:

Buffalo & Tough Cookie: Hiking the 52 With A View A Slideshow & Book Signing Meet This Author... And He Will Bring His Hiking Partner If Possible! The Adventures of Buffalo and Tough Cookie is an exploration of one of New Hampshire's least known mountain lists, the 52 With a View. It's a hiking story unlike any other, as Dan takes on the task of turning a determined, urban elementary child into an experienced back-woods hiker, and in the process finds that sometimes the most important lessons are the ones that she teaches him. Through snow, storms, slugs and long miles over the state's beautiful and challenging terrain, The Adventures of Buffalo and Tough Cookie is a journey and meditation on the transformative power of friendship, commitment and the meaning of family.



TEEN GAMING TOURNAMENT

Students age 10-14 years old who are Barrington residents or card holders are invited to attend the Library's VIDEO GAME TOURNAMENT on Friday, February 20th at 4pm! Students will gear up to go head-to-head in the ultimate Smash Brother



Showdown! Finalists will receive prizes with the champion's grand prize being a \$20 Gift Card to Game Stop! Staring the first week in February, you can register online at the library events page http://www.barringtonlibrary.com/barrington/events.asp to secure your spot in this exciting event at the library! If you are unable to register online, please call the library at 664-9715 so a staff member can do it for you. Two Wii systems will be set up on our large screen TVs, and refreshments will be provided. Due to limited space, this is a drop-off event. Parents/family members are invited to stay in the library/at seating areas (due to limited space around the checkout desk). The meeting room will be used for the tournament players only due to fire code.



Teens in grades 7 & Up are invited to join our Teen Advisory Group (TAG) which meets on the 2nd Wednesday of each month at 3:30pm until 5:00pm. The TAG group volunteers at the library by organizing, cleaning, shelving ,and planning. If you'd like to help around the library, help plan programs such as the Easter Egg Hunt and Book Buying trips, and be a resource for Young Adult material reviews and recommendations contact Wendy at children@barringtonlibrary.com.

BOOK GROUPS

The ADULT BOOK GROUP meets on the fourth Thursday of each month at 6:30pm. Copies of the book are available for check out one month prior – just let the library know if you'd like us to get you a copy.

February 26th: The Storied Life of AJ Fikry by Zevin

March: 26th: One Good Turn by Atkinson April 23rd: Wife 22 by Gideon.

The TEEN BOOK GROUP meets on the first Monday of each month at 3:30pm. Copies of the book are available for check out one month prior – just let the library know if you'd like us to get you a copy.

Titles chosen by the teens, grades 9th-12th.



Barrington Recreation Department



FAMILY ICE-SKATING PARTY

Bring your skates and bundle up for the annual family ice-skating party!

Location: Christmas Dove Pond

11 Christmas Lane

Dates: January 24th **Time:** 4:00pm-7:00pm

This is a free event with suggested

donation of a canned good!

Donations will also be accepted for hot choco-

late and food.





ICE FISHING CLASS

Have you ever wanted to learn the how-to's of ice fishing? Come to this <u>free</u> workshop provided by NH Fish &Game!

March 8th, 9am-2pm Call for more information!

MAP/ASK 2015 REGISTRATION

Registration for the MAP/ASK before and after school care will open on Friday February 17th! Registration packets can be picked up at the Rec Office and more information can be found online.



Sign up soon for the 2015-2016 school year—spots are limited! All participants on the 2014-2015 school year waitlist must register in February for the 2015-2016 year!

SUMMER CAMP REGISTRATION

Summer Camp registration begins February 10th!
Send your kids to the REC
Summer camp for weeks of fun with their friends, exciting field trips,

crafts, games, and more!

Packets can be picked up at the REC office and more information can be found online!



RUMPUS ROOM

There will be bouncy balls, music, tunnels, toys, and a parachute for the children to enjoy. If you are a mom, dad, or guardian, you are invited to attend this program with your child.

Who: Ages 5 & under (parent or

guardian must be present) **When:** Tuesdays & Fridays

Time: 10:45 am-Noon (beginning

10/21)

(1 pm beginning 2/4) Where: Town Gym

Fee:

3.00/resident family, 5.00/non-

resident family Dozen Deal:

(12 visits for the price of 10)

SMALL SHOTS BASKETBALL

Rec staff will teach ageappropriate skills to build your child's knowledge of this sport!

Saturdays,

January 3—February 14

Pre-K (4 years old): 8:30-9:15am

Kinder (5 years old): 9:30-

10:15am

@ Town Gym

\$25 prior to 12/12; \$35 after 12/12. \$45 after 12/23

Jason Hanken

ADULT CURLING CLUB

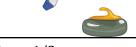
Come and join us as we take to the ice and deliver our tea kettle stones to the house. This program is for all adults who want to socialize and try out the sport of curling.

When: Tuesdays, starting January 13

Time: 6:00-8:00pm **Age:** Adults, 18+

Where: Christmas Dove Pond

11 Christmas Lane, Barrington



Girls & Boys 1/2 RECREATIONAL BASKETBALL

Rec staff will teach age-appropriate skills to build your child's knowledge of this sport!

Girls 1/2

Clinic: December 20/27

Saturdays, January 3—February 21 8:15-9:30am @ Barrington Middle

School

\$35 prior to 12/12; \$45 after 12/12; \$55

after 12/23

Cheryl Peabody

Boys 1/2

Saturdays, January 3—February 14 10:30-11:45am @ Town Gym

35 prior to 12/12; 45 after 12/12; 55

after 12/23

Jason Hanken



Barrington Recreation Department



RUNNING CLUB

A new program for runners of all levels! This running club provides a supportive running community that you can rely on and will help improve your running at your pace to reach your goals. We will have running programs available, such as Couch to 5K, and other fun incentives to keep you going and having fun!



Who: Everyone!

When: Tuesdays and Thursdays Time: 9:00am - 10:30am Where: Town Gym

Cost: FREE! Childcare will be available

ADULT DROP-IN SPORTS

MEN'S AND WOMEN'S PICKUP BASKETBALL

A non-competitive drop-in program for men and women. It's a great way to meet new people while getting your workout. This is a more aggressive playground version of pickup basketball.

Who: 25+

Men's: Sundays, 8-10am, year-round, Town Gym Wednesdays, 8-10pm, Jan 7 - Feb 18, BMS Gym *Women's*: Wednesdays, 7-9pm, March 25 - June 17,

Town Gym

Cost: FREE

ADULT CO-ED VOLLEYBALL

This is a recreational drop-in program that's not too competitive. Meet new people, get some exercise, and have fun while playing a team-oriented sport with no pressure.

Who: 18+

When: Thursday Nights, year-round, 8:00pm

Where: Town Gym

Cost: FREE

YOGA

This class will be a mixed-style yoga class for all abilities and ages. The goal is to improve flexibility, quiet the mind, and learn to really breathe. The instructor is Yoga Alliance Registered and has been teaching for over 8 years.

Fall Session I - September 8 — October 24 Fall Session II - November 3 – December 19

AM Class

When: Tues & Thurs, 9:15-10:15 am
Location: Town Gym
Cost: \$35.00 per session or \$5.00 drop-in
Flex Fit Punch Card: 10 classes for \$35.00

PM Class

When: Mon & Wed, 6:30-7:30 pm Location: BMS Music Room Cost: \$35 per session of \$5.00 per drop-in Flex Fit Punch Card: 10 classes for \$35.00

Instructor: Sheila Varden-Straffin

YOGA II

This class will be taught at a faster pace than the basic yoga class. You do not have to be a master yogi! Just have solid knowledge of the basic poses. We will work at deepening or

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understanding of these poses and move on to more advanced variations. The instructor is Yoga Alliance Registered and has been teaching for over 8 years.

Fall Session I - September 8 — October 24 Fall Session II - November 3 – December 19

When: Tues & Thurs, 5:30-6:30 pm Location: BMS Music Room Cost: \$35.00 per session or \$5.00 drop in Flex Fit Punch Card: 10 classes for \$35.00



Barrington Recreation Department

ZUMBA!



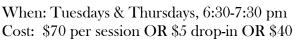
ZUMBA

Get moving, get healthy, and have fun! Zumba Fitness is the latest fitness craze because it's FUN and it WORKS. Based on traditional Latin dances (Salsa, Cumbia, Merangue, etc.), Zumba has participants dancing and laughing to great music while still enjoying a great workout. The most important thing is to have FUN!

Hope to see you there!

Fall Session I -September 8 — October 24 Fall Session II -

November 3 - December 19



FlexFit Card

PILATES

Pilates improve mental and physical well-being, increases flexibility, and strengthens muscles through controlled movements done as mat exercises to tone and strengthen the body.

Fall Session I - September 8 — October 24 Fall Session II - October 27 – December 29

AM Class

When: Wednesdays, 9:15-10:15 am

Location: Town Gym

Cost: \$17.50 per session or \$5.00 drop-in

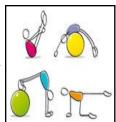
PM Class

When: Tues & Thurs,

6:30-7:30 pm

Location: BMS Music Room \$35/session or \$5.00/drop-in Flex Fit Punch Card: 10 clas-

ses for \$35.00





REC HOLIDAY CLOSURES

February 23rd—REC is closed

Interval Training is a cardio-based total-body conditioning program. Fitness expert Shaun T drew on his collegiate track and field training, plus his subsequent years of experience as an elite trainer, to create a program that takes total-body conditioning to an extreme level.

Location: Town Gym
Days/Time: Mondays, 9:15-10:15 am
Cost: \$35 for 7-week session
\$30 for 6-week session
\$5 drop-in

Free childcare is available. You must be present in the Town Gym and willing to be interrupted from your class if your child needs a diaper change.

Winter Session I, 7-week session

January 5—February 16 Make-up day: March 2

Winter Session II, 7-week session March 9-April 20